

Involvement in Trust Activities

Here are some of the ways that you can get involved in activities that take place across our Trust:



Humber Teaching
NHS Foundation Trust

Patient & Carer Experience Forums

- Help raise the profile of patient and carer experience in our services.
- Have the opportunity to make positive and constructive suggestions about our services.
- Participate in improving and developing services within the Trust

Email: hnf-tr.patientandcarerexperience@nhs.net

Tel: 01482 389167

Sharing my Story

- Your story is a very valuable learning tool for staff
- Share positive or negative experiences to help drive improvement in the organisation
- Your story could prove a good support tool for others in similar situations

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Tel: 01482 389167

Humber Youth Action Group - HYAG (for those aged 11 to 25)

- By joining HYAG you can help improve and co-produce children's and young people's health services.
- Members also gain new skills, training opportunities and new experiences, which are great for your CV.
- You can also be a part of interview panels for new staff within the Trust.

Email: hnf-tr.HYAG@nhs.net

Tel: 01482 389167

Quality Improvement

- Become a QI Champion to ensure that our Patients and Carer voice is heard.
- Have the opportunity to improve and shape our services.
- Use your experience and skills to enhance our programme and meet other Staff, Patients and Carers who also wish to make a difference.

Email: hnf-tr.qimprove@nhs.net

Twitter: @Humber_QI

Research

- You, and/or those close to you, could help us try out new treatments, complete questionnaires or provide samples for genetic testing.
- Become a Research Champion and help us promote research across our Trust and community.
- There may be opportunities to help guide new research ideas.

Email: hnf-tr.researchteam@nhs.net

Tel: 01482 301726

Recovery & Wellbeing College

- Become a member of our team and utilise your lived experience in a supportive peer volunteer role.
- Share knowledge, skills and lived experience as a volunteer guest tutor by developing and delivering a course.
- Take control of your own mental wellbeing and develop new skills by enrolling onto our workshops and courses yourself!

Email: hnf-tr.recoverycollege@nhs.net

Tel: 0800 9177752

Recruitment

- You could meet the applicants as part of a patient and carer panel.
- Be part of the interview panel.
- Take part in an activity such as a group discussion with the applicants.
- The way you want to be involved will be determined by you.

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Health Stars

- Health Stars contributes to a thriving healthcare environment for NHS teams and their patients, by embracing generosity & investing in innovation.
- The Circle of Wishes is the place where you can tell us about the things you feel would make a real difference to Trust services. The things that would bring real "sparkle" to our services our patients and the wider community.

Website: healthstars.org.uk

Volunteering

- Use your valuable skills, knowledge and life experience to enhance our services.
- Improve your own health and wellbeing through helping others.
- Receive training and develop new skills.

Email: hnf-tr.voluntaryservices@nhs.net

Tel: 0800 9177752

Trust Member

- Gives you an opportunity to help us make our services better.
- You can take part in events and attend the Council of Governors and Annual Members' Meetings.
- You can voice your opinion and help to influence the development of services in your local area.
- You will have the opportunity to vote in elections for Governors in our local public constituencies.
- You can stand in our elections to become a Governor of the Trust and represent views of our members and the public.

Email: hnf-tr.members@nhs.net

Tel: 01482 389132